

# **Using CBT – Informed Formulations and Intervention with Young People and Adults with Asperger’s Syndrome/High Functioning Autism**

**Wednesday, 5<sup>th</sup> June 2013**

at

**Conwy Business Centre (CBC)  
Junction Way, Llandudno Junction, Conwy, LL31 9XX**

**Dr Jonathan Weiss, York University, Toronto, Canada  
and**

**Dr Dougal Hare, University of Manchester, UK**

The Conwy Business Centre is adjacent to the A55 Expressway across the North Wales coast, and free parking is available. It is also a 5 minute walk from the mainline Llandudno Junction railway station.

Places are limited and can only be confirmed with a non-returnable £10 event fee and a fully completed booking form (see attached). Early booking is advisable.

This event is being organised and sponsored by the North Wales Clinical Psychology Programme, School of Psychology, Bangor University.

Intended participants are professionals who work, or intend to work, using psychological therapies with young people or adults with ASD. Qualified health, education and social care professionals (and trainees) are encouraged to attend.

## **Timetable:**

09.30 – 10.00	Arrival and refreshments
10.00 – 12.00	Dr Jonathan Weiss workshop - Building Emotion regulation skills in young people with high functioning ASD
12.30 – 13.30	Lunch and networking
13.30 – 16.00	Dr Dougal Hare workshop – What really stresses people with Asperger’s Syndrome, and what can help?

# BOOKING FORM

## Using CBT – Informed Formulations and Intervention with Young People and Adults with Asperger’s Syndrome/High Functioning Autism

Wednesday, 5<sup>th</sup> June 2013

Name: .....

Organisation: .....

Address: .....

.....

E-mail: .....

Telephone: .....

Dietary requirements: .....

Access requirements: .....

Please reserve me a place on the Workshop “Using CBT – Informed Formulations and Intervention with Young People and Adults with Asperger’s Syndrome/High Functioning Autism” at Conwy Business Centre on 5<sup>th</sup> June 2013.

I enclose a non-refundable cheque for £10 payable to “Bangor University”.

Signed: .....

Date: .....

*Please return this form together with your cheque to:  
Fiona Pritchard, NWCPP, 43 College Road, Bangor, Gwynedd, LL57 2DG  
Tel: 01248 388059  
E-mail: f.pritchard@bangor.ac.uk*